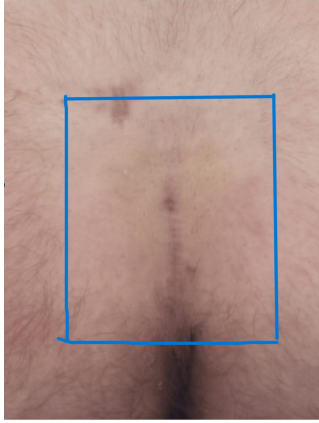




Treatment Area Definition (Critical for Pilonidal Recurrence Prevention)

The esthetician must include **all of the following** regions:

Required Mapping

1. **Above the gluteal cleft** (sacrum):
 - From the top of the intergluteal cleft **upward 5–7 cm** depending on patient anatomy.
2. **Intergluteal cleft (between the buttocks):**
 - Treat **fully within the cleft**, especially the midline.
 - Patient must be positioned to ensure full visualization and safe laser alignment.
3. **Lateral areas adjacent to the cleft:**
 - Approximately **2–4 cm laterally** on each side.
4. **Lower region of the cleft (if hair growth extends inferiorly):**
 - Treat downward to the point where the cleft terminates.

Note: The intergluteal cleft **must be included** every session, as this is the area most associated with recurrent pilonidal disease.

Pre-Treatment Instructions for Patient

- Area must be **clean-shaven** within 24 hours prior to treatment.
- No waxing, plucking, threading for at least **6 weeks** beforehand.
- Avoid sun exposure to area being treated for 2 weeks prior.
- Arrive with area clean, dry, and without lotions, deodorants, or oils.